




Waitsfield Elementary March School Menu
 Student \$3.25 Reduced Child FREE Adult \$4.50
 Each day the lunch menu includes yogurt, salad bar and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> 	<p>5</p> <p>Town Meeting Day..</p> 	<p>6</p> <p><u>Welcome Back Lunch</u> Cheese Ravioli Marinara Sauce</p>	<p>7</p> <p><u>Sandwich Bar</u> 1- with Turkey or Ham Sandwich 2- with Vegetables Add Cheese Sandwich Chips Homemade Dill Pickles</p>	<p>8</p> <p><u>Chowder</u> 1- Corn Chowder 2- Veggie Chowder Warren Store French Bread</p>
<p>11</p> <p><u>Meatless Monday</u> Grill Cheese Tomato Bisque</p>	<p>12</p> <p><u>Breakfast For Lunch</u> Waffles Sausage Fruit Salad Vermont Maple Syrup</p>	<p>13</p> <p><u>Stromboli</u> 1-Cheese 2- Pepperoni and Cheese Marinara Sauce</p>	<p>14</p> <p><u>Turkey Dinner</u> Roasted Turkey Mashed Potatoes Squash Stuffing</p>	<p>15</p> <p><u>Fish Friday</u> 1- Fish Sandwich on a whole wheat bun With lemon and tartar sauce 2-Sesame Ginger Tofu Cole Slaw Curly Fries</p>
<p>18</p> <p><u>Meatless Monday</u> <u>Spaghetti</u> 1- with Mariana 2- or Cheese Sauce 3- or Local Pesto Kale chips</p>	<p>19</p> <p><u>Taco Tuesday</u> 1- with Local Beef 2- with Chicken 3- with Refried Beans Add sour cream, homemade salsa and cheddar cheese</p>	<p>20</p> <p>Taste Test Day Maple <u>Southern BBQ</u> 1- with Pork 2- with Tofu Maple Coleslaw</p>	<p>21</p> <p><u>Sloppy Joes</u> 1- with Local Beef 2- with Veggie Burgers</p>	<p>22</p> 
<p>25</p> <p><u>Meatless Monday</u> <u>Pierogies</u> 1- with Sour Cream 2- with Marinara 3- with Sauteed Onions</p>	<p>26</p> <p><u>Burritos</u> 1- with Chicken and Cheese 2- with Beans and /cheese Add sour cream and homemade salsa</p>	<p>27</p> <p><u>Sandwich</u> 1-Chicken Patty and Cheese 2- Veggie and Cheese Spiral fries</p>	<p>28</p> <p><u>Pizza</u> 1- Cheese and Pepperoni 2- Cheese 3- Pesto and Cheese</p>	<p>29</p> <p><u>Lasagna</u> 1- with Local Meat and Italian Cheeses 2- with assorted Italian Cheeses Caesar Salad</p>

Grab & Go Breakfast \$2.00 Child \$3.00 Adult Free Reduced child

Trail Mix Yogurt Juice/Milk	Bagels with Cream Cheese Yogurt Juice/Milk	Corn Muffins Yogurt Juice/Milk	Yogurt and Berry Parfait Cheese Stick Juice/Milk	Maple Scones Yogurt Juice/Milk
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When submitting payment for your child's account, please send check or cash in whole dollar amounts - **Thank you! Prepayment is expected!**
 You may also enroll in our online payment option [Efunds for Schools](#). For more information on how to register, contact Chef Cheryl Joslin at cjoslin@wwsu.org.

You can check your child transactions at anytime on PowerSchool. Any questions regarding your child's balance please contact our Director of Food Services, Cheryl Joslin at cjoslin@wwsu.org

Please see page 2 for information about our monthly taste testing.

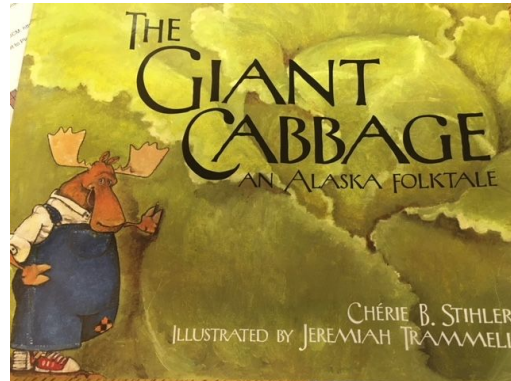


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Taste Testing this month was **CABBAGE!!**

We made Asian Cole Slaw and Creamy Cole Slaw. Knowing cabbage is a tough sell it was welcoming to hear many students say they liked it.

Did you know the largest cabbage weighed 125 lbs? That would make a lot of coleslaw!!
See below for a great book about cabbage to read with your children.



In March we will be celebrating MAPLE - just in time for some Vermont Liquid Gold.
Have a great break from your day to day routines of going to school.

See you in March!

~ Chef Joslin